

NUTRITION SERVICES DIVISION MANAGEMENT BULLETIN		No. 01-803
TO:	All Child and Adult Care Food Program (CACFP) Sponsors	ISSUE DATE: May 2001
ATTENTION:	Agency Directors of Child Care Centers and Family Day Care Home Sponsors	
SUBJECT:	Updated CACFP Meal Pattern for Older Children	
REFERENCE:	7 CFR Part 226.20(c)	

This Management Bulletin provides an update to the *CACFP Meal Pattern for Older Children*. This update incorporates changes to the meat/meat alternate component in the lunch, supper, and supplemental meal pattern (snack) requirements.

The changes are as follows:

- The size of an egg is now specified as "large."
- One half of a large egg meets the requirement for 1 ounce or less of meat/meat alternate.
- One large egg meets the requirement for 2 ounces of meat/meat alternate.

These changes were made to reduce confusion and establish consistency among all child nutrition program meal pattern requirements.

The attached *CACFP Meal Pattern for Older Children* (April 2001) includes the above changes. Also included is the most current version of the *USDA Child Nutrition Programs' Infant Meal Pattern* (December 1999); this meal pattern has no recent changes. Both meal patterns can be found on our Web site at <http://www.cde.ca.gov/nsd/index.htm>.

If you have any questions, please contact Kelley Knapp, Nutrition Education Specialist, Nutrition Programs, Education, and Training Unit, at (916) 445-6774, (800) 952-5609, or kknapp@cde.ca.gov.

Marilyn Briggs, Director
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Assistant Superintendent of Public Instruction

Attachment

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